Start to Knit

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**Slipknot**

1. To make a starting loop – fold the yarn to make a loop

2. Catch the yarn through the loop

3. Pull it through

4. Pull the ends to tighten the slipknot

Now put this slipknot on the left hand needle
Cast on

1. Make a loop on one of the needles. Hold this needle in your left hand.

2. Take the second needle in your right hand and put it through the loop. Put the yarn round.

3. Pull this loop through the first loop.

4. Put this new loop on your left needle.
Cast on (cont.)

5. Now push your needle between the two stitches. Put the yarn round.

6. Pull the loop through.

7. and put it on your left needle.

8. Make as many stitches as you need.
Knit

1. Push your needle through the first stitch.

2. Put the yarn round.

3. Pull the loop through.
Knit (cont.)

5. Knit every stitch to the end of the row.

6. Change the needles over and knit another row.

7. Rows of knit stitch are called Garter Stitch.
Purl

1. With the yarn at the front push the needle through the first loop towards you.

2. Put the yarn round.

3. Pull the loop through.

4. Slip the stitch off the left hand needle.
Purl (cont.)

Purl every stitch to the end of the row. Change the needles over and purl another row.

Now you have learned knit and purl stitches you can make many patterns. Two useful ones are shown below.

If you knit one row then purl the next, you make Stocking Stitch.

If you knit 1 purl 1 right across you make rib.
Cast off

1. Knit two stitches.

2. Pick up the first stitch and lift it over the second stitch,

3. and drop it off the needle.

4. Knit one more stitch to make 2 on your needle. Lift the first stitch over as you did before. Carry on like this until there is only one stitch left.

5. Break the end and put it through the stitch. Slip the stitch off the needle and pull the end tight.
Increase and Decrease

1. To **increase** is to make 1 stitch. Knit the stitch as usual but don’t slip it off the needle. Now knit into the back of the same stitch.

2. This time slip the stitch off the needle. You have made two stitches out of one.

3. To **decrease** is to lose one stitch. Put your needle through two stitches.

4. Slip the two stitches off the left needle. You have lost a stitch.
Tips

Pick up dropped stitch

1. If you drop a stitch turn your knitting so that the loop is in front of the strand.

2. With a hook pick up the strand and pull it through the loop.

3. Pick up the next strand through the new loop and pull it through.

Do this until you reach the row you are knitting. Put the loop back on the needle.

Joining yarn

When you have to join your yarn always join at the end of a row and knot them together.